

ORIGINAL PURE

HERBAL

# MORINGA

CALCIUM | POTASSIUM | IRON | PROTEIN | VITAMIN A | VITAMIN B2

## MORINGA NUTRIENT COMPARISON

### 25X IRON

25 Times the Iron of Spinach. Iron is necessary for many body functions including the formation of haemoglobin and brain development function.



### 4X FIBRE

4 x the fibre of oats. Fibre helps digestion and aids weight loss, combats constipation and fights cancer.



### 1/2 VITAMIN C

Half the vitamin C of Oranges. Vitamin C strengthens the immune system and fights infectious disease such as colds and flu.



### 10X VITAMIN A

10 Times the vitamin A of Carrots. Acts as a shield against a variety of diseases, eg. eye, skin, heart disease, and diarrhoea.



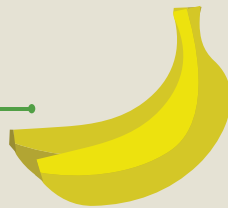
### 9X PROTEIN

9 Times the Protein of Yoghurt. Protein is necessary for maintaining of healthy muscles, skin, hair, nails and brain cells.



### 15X POTASSIUM

15 Times the Potassium of Bananas. Potassium is essential for the proper functioning of the brain and nerves.



### 17X CALCIUM

17 Times the Calcium of Milk. Calcium builds strong bones and teeth, and helps in preventing osteoporosis.



Superfood

